



MAYOR GINA-LOUISE SCIARRA

City of Northampton

Office of the Mayor

210 Main Street Room 12

Northampton, MA 01060-3199

(413) 587-1249 Fax: (413) 587-1275

mayor@northamptonma.gov

FOR IMMEDIATE RELEASE – June 21, 2025

City Cooling Centers Open During Heat Advisory

Northampton, MA - Summer is starting off with a bang as extreme heat is expected to settle over the region starting Monday, June 23rd. With forecasts predicting multiple days of dangerously high temperatures and humidity, the Northampton Department of Health and Human Services urges residents to take precautions and check in on neighbors, especially older adults, young children, and individuals with chronic medical conditions.

To help residents stay cool and safe, the following public locations will be available as cooling spaces.

Monday, June 23, 2025	Tuesday, June 23, 2025	Wednesday, June 24, 2025
Division of Community Care 1 Roundhouse Plaza, 8:30am - 7:30pm	Division of Community Care 1 Roundhouse Plaza, 8:30am - 7:30pm	Division of Community Care 1 Roundhouse Plaza, 8:30am - 7:30pm
Forbes Library 20 West St. 10am - 8pm	Forbes Library 20 West St. 10am - 8pm	Forbes Library 20 West St. 10am - 8pm
Lilly Library 19 Meadow St., Florence 10am - 5pm	Lilly Library 19 Meadow St., Florence 10am - 5pm	
Manna 48 Elm St 10am - 3pm	Manna 48 Elm St 10am - 3pm	Manna 48 Elm St 10am - 3pm
Northampton Senior Center 67 Conz St. 8am - 4pm	Northampton Senior Center 67 Conz St. 8am - 4pm	Northampton Senior Center 67 Conz St. 8am - 4pm
CSO Shelter 29 Industrial St. East 8am - 4pm	CSO Shelter 29 Industrial St. East 8am - 4pm	CSO Shelter 29 Industrial St. East 8am - 4pm
Northampton Police Station lobby (24/7)	Northampton Police Station lobby (24/7)	Northampton Police Station lobby (24/7)
Thornes Marketplace Water bottle fill station 10am - 6pm	Thornes Marketplace Water bottle fill station 10am - 6pm	Thornes Marketplace Water bottle fill station 10am - 6pm

Cooling centers are open to the public and available to anyone in need of a cool space during the heat wave. Preventive measures should be taken to avoid heat stress, a serious condition that poses a health threat to many people, especially older adults and youth. Here are some tips to follow during hot, humid weather:

- Slow down, avoid strenuous activity, and drink plenty of water regularly/often, even if you do not feel thirsty
- Stay indoors as much as possible
- If you do not have air-conditioning, stay on your lowest floor, out of the sun. Electric fans do not cool the air, but they do help evaporate sweat, which cools your body
- Cover windows that receive morning or afternoon sun with drapes, shades, awnings or louvers.
- Wear lightweight, loose-fitting, light colored clothing
- Eat well-balanced, light, regular meals. Avoid high-protein foods that increase metabolic rate.
- Never leave children or pets alone in a closed vehicle
- Check on family, friends and neighbors

An up-to-date list of local cooling centers and water access points will be posted on the [Northampton DHHS Facebook page](#) and [website](#).

Media Contact: Amy DiCaprio | adicaprio@northamptonma.gov | 413-587-1214