



NORTHAMPTON PARKS & RECREATION

TEEN EXPEDITIONS



Session 4: July 18 – July 22 – REACHING NEW HEIGHTS

Monday, 7/18	Tuesday, 7/19	Wednesday, 7/20	Thursday, 7/21	Friday, 7/22
<p>ORIENTATION HIKE</p> <p>@</p> <p>SKINNER STATE PARK</p> <p>We will begin the week with ice breakers and other games, a hike with lunch at Skinner State Park in Hadley, followed by an afternoon swim at Musante Beach in Leeds.</p> <ul style="list-style-type: none"> <input type="checkbox"/> swim gear <input type="checkbox"/> suitable shoes <input type="checkbox"/> water <input type="checkbox"/> lunch and snack <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen 	<p>DAR STATE PARK</p> <p>The day will be spent exploring the Daughters of the American Revolution State Forest in Goshen, MA. We will take a leisurely hike and may stop at the lake for a swim.</p> <ul style="list-style-type: none"> <input type="checkbox"/> swim gear <input type="checkbox"/> suitable shoes <input type="checkbox"/> water <input type="checkbox"/> lunch and snack <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen 	<p>YARDGOATS BASEBALL</p> <p>The day will be spent traveling to Hartford, CT to watch a Yardgoats vs. Richmond Flying Squirrels game. Lunch will be provided at the game *bring snacks*.</p> <p>*Please note the Yard Goats stadium is a peanut free facility*</p> <ul style="list-style-type: none"> <input type="checkbox"/> suitable shoes <input type="checkbox"/> snack <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen <input type="checkbox"/> money (optional) 	<p>MT. GREYLOCK HIKE</p> <p>We will spend the day on an all-day, scenic hike on the trails of Mt. Greylock, which features the highest summit in the area.</p> <ul style="list-style-type: none"> <input type="checkbox"/> suitable shoes (for hiking) <input type="checkbox"/> lunch and snack <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen 	<p>LAKE COMPOUNCE</p> <p>We will spend all day at this water park in Southington, CT.</p> <ul style="list-style-type: none"> <input type="checkbox"/> swim gear <input type="checkbox"/> suitable shoes <input type="checkbox"/> water <input type="checkbox"/> lunch and snack <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen

Calendar subject to change. You may call the office after 4:00pm at 587-1040 to check for delays

Please remember that camp is a cellphone-free space