



Fitness Center & Fitness Classes

Participant’s Agreement with the City of Northampton

I, _____, hereby acknowledge that the activities offered through the Northampton Senior Center can be strenuous and have the capacity to exacerbate existing conditions, to cause injury or death. I hereby certify that I do not suffer from any condition which would preclude me from engaging in the activities of the Northampton Senior Center and that my answers to the questions set forth are true, complete and accurate. I have been advised to seek the advice of my physician to ascertain whether or not I should participate in the programs offered by the Northampton Senior Center, and to the extent that I have so inquired of my physician, I have been cleared to participate. In consideration of allowing me to participate in the programs offered by the Northampton Senior Center, I hereby release and forever discharge the City of Northampton, its employees, agents and officials of and from any liability for any personal injury or death that I may suffer arising out of my participation in a program. I further covenant that I shall not sue and that I shall not suffer or permit any suits on my behalf to be filed for any claims arising out of my participation in the programs offered by the Northampton Senior Center. This agreement shall be binding on my heirs, assigns, executors, administrators, and other representatives.

Signature

Date