



Northampton Aquatic & Family Center  
at JFK Middle School, 100 Bridge Rd., Florence

# Free Senior Swim

A Free Community Swim, for individuals 55 years and older, who are residents of Northampton, Florence, or Leeds. Come enjoy the water, socialize, and exercise in either the open swim area or the lap lanes at the pool.



**Day:** Sundays

**Winter Hours:** 11:00am - 4:30pm

**Location:** Aquatic & Family Center  
Enter through back glass doors across from the tennis courts.

**Fee:** Free for Residents  
(Residents of Northampton, Florence or Leeds)  
Non Resident Fee: \$5.00

**AFC Office hours**  
Monday-Friday 4:00-7:00pm  
Saturday 9:00am-5:00pm  
Sunday 11am-4:30pm  
413-587-1046

**Northampton Parks & Recreation**  
Monday-Friday 8:30am-4:30pm  
413-587-1040  
recreation@northamptonma.gov

Weather/program cancellation hotline: 413-587-1044  
100 Bridge Road, Florence, MA 01062 [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)