



# COED LACROSSE SKILLS & DRILLS

**Directed by RJ Dawson,  
Former NHS Player &  
Coach at St. Andrews School, Boca Raton, FL**



## PROGRAM INFORMATION SHEET

Welcome to our Coed Lacrosse Skills Program! This sheet contains all the information that you will need to know to prepare yourself for this program. If you still have a question, please give us a call at 587-1040 or email us at [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov).

### DETAILS

Dates: June 30-July 2

Days: Tuesday - Thursday

Times: 9:00am - 12:30pm

Parents will need to check in their child at start of program each day, and sign out child at end of program each day.

### LOCATION

JFK Middle School, 100 Bridge Rd. Florence

Go in main school driveway and around the building to the right of the school.

### WHAT TO BRING

Make sure any equipment that is brought to the program has your name on it.

The following is equipment that should be brought to the field:

- Lacrosse Stick, Helmet (or goggles), Gloves
  - Sunscreen
  - Water
  - Arm & Shoulder Pads for male players
- For Grades 1-4: If you do not have any equipment, that is fine, as it will be non-contact for those grades.
    - Please bring your own equipment if you have it. There will be some equipment available at the field if needed. However, there will be a limited supply of lacrosse sticks.

**-OVER-**

### **LATE FEE**

A supervision fee will be imposed for any child who is picked up late. A ten minute grace period will be extended. Following this time a fee will be assessed. First time offenders will be warned and the fee will be assessed only for repeated incidents. The fee will be \$5.00 for every ten minutes of waiting time. The fee must be paid within 48 hours of the incident. Failure to do so will result in the suspension of the participant until paid. We understand sometimes incidents such as traffic, etc. occur. Please try to call the office to let them know if you are late. Chronic lateness may result in suspension from programs. The Police Department will be notified if your child is not picked up within an hour of the scheduled time and no call has been received.

### **RAINY DAYS**

We hope for great weather, however, if it is raining at the start of the program or starts to rain during the program, participants will use the JFK Middle School gym.

### **TOBACCO USE**

City regulations prohibit smoking on school grounds.

### **SPECIAL ARRANGEMENTS**

If there are any special things that we should know about your child (medical, allergies, etc.) please see Program Director, RJ Dawson, on the first day.

### **BEHAVIORAL POLICY**

All program participants are expected to behave appropriately. If behavior becomes a problem, we will work with parents and instructors to improve the behavior. If behavior problems persist it may result in removal from the program, and no refund will be given.



**NORTHAMPTON PARKS & RECREATION**

**587-1040**

**e-mail: [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov)**

**[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)**