



Coed Lacrosse Skills & Drills

For: Grades 1 - 8
Participants will be divided into smaller groups based on grade level

Days: Tuesday – Thursday

Time: 9:00 a.m. – 12:30 p.m.

Dates: June 30 - July 2

Fee: \$75, non-residents \$85, includes t-shirt
 \$10 late fee for registering the day the program starts

Location: JFK Middle School

Director: RJ Dawson, Former Northampton High School Player,
 Coaches at Saint Andrew’s School, Boca Raton, FL



The focus of this program will be to develop the proper fundamentals of throwing, catching, shooting and dodging. Players will also work on individual position skills; defensive positioning, goalie play, face-offs, etc.

Questions? Call the Parks & Recreation Department at 587-1040, Email: recreation@northamptonma.gov



Coed Lacrosse Skills & Drills

Child’s Name—first & last	Date of Birth	Age	Grade fall 2019	M/F	School

PARENT/ GUARDIAN	Parent 1/Guardian	Parent 2/Guardian (complete if any field is different)
First & Last Name		
Street Address		
City or Town		
Zip Code		
Home Phone #		
Cell Phone #		
Emergency Contact		
Email Address		

- **Amount Enclosed:** \$ _____ \$110, (non-res. \$120) Checks payable to: City of Northampton
- Where did you hear about this program? In it last year _____ program guide _____ flyer _____ other _____
- Charge my: Visa ___ Master Card ___ Discover ___ Card Number _____ Exp. Date: _____
 Cardholders Name: _____ Signature: _____

For Office use only: Amt. Received \$ _____ Date _____ Staff _____ Entered _____
 ___ Rec. web site _____ Other _____

Please sign the release on back of this page

Recreational and Volunteers Activities Release Form

I, the undersigned, do hereby consent to my participation in voluntary or recreation programs of the City of Northampton.

I also agree to forever release the City of Northampton, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the City of Northampton from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the City of Northampton voluntary activities or programs.

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the City of Northampton voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this form, I affirm that I have decided to participate in the City as a volunteer or in its recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities with the City of Northampton or recreation programs

Participant Signature or Parent/Legal Guardian if under 18 years old

: _____ Date: _____