



Northampton Aquatic & Family Center
 at JFK Middle School, 100 Bridge Road, Florence, MA 01062

American Red Cross Swim Lessons Fall Classes Session II

The Aquatic and Family Center offers swim lessons to all ages and abilities.
 Our lessons include Parent and Child, Preschool and Levels 1-6.
 We offer lessons from beginners through advanced swimmers.
 Classes are 30 minutes in length. We also offer private lessons.

Thursday: October 19 - November 16 (5 classes)

NEW START TIMES

Pre - Level	3:55 - 4:25 pm
Level 1 & 2	4:25 - 4:55 pm
Level 3 & 4	4:55 - 5:25 pm
Level 5 & 6	5:25 - 5:55 pm



Fee: \$28/\$38/\$48

Fees listed in the order off Member / Resident / Non-Resident

Saturday: October 28 - December 9 (6 classes)

(No Class November 25)



Parent & Child	9:30 - 10:00 am
Pre - Level	10:00 - 10:30 am
Level 1 & 2	10:30 - 11:00 am
Level 3 & 4	11:00 - 11:30 am

Fee: \$33/\$45/\$55

Fees listed in the order off Member / Resident / Non-Resident

Pre-registration is required before start of session; space is limited; instructor ratio 1: 6, Except parent/child 1:10

Class Descriptions:

Parent/Child: Ages 1-5 with parent, emphasis on fun, covers a variety of skills and activities

Pre- Level: Ages 3-5, a variety of swimming and safety skills covered

(Suggested Ages 5 and up)

Level 1: Beginner independence in the water; Intro to breath control and Front Crawl

Level 2: Refine Front Crawl; Intro to Elementary Backstroke and rotary breathing

Level 3: Develop Front Crawl and Elementary Backstroke; Intro to Side Stroke, Breast Stroke, and Back Stroke

Level 4: Perfect Front Crawl, Back Crawl, Elementary Back Stroke; Refine Side Stroke, Breast Stroke

(Suggested Ages 6 and up)

Level 5: Develop Breast Stroke, Side Stroke; Intro to Butterfly and Diving; Build endurance with pervious strokes

Level 6: Intro to competitive techniques and Strength Training; Flip Turns & Starts, Diving & Stroke Critique

**Registrations accepted at the AFC at JFK Middle School, 100 Bridge Rd., Florence, MA
 Mon-Fri 4:00-8:00pm & Sat. 10:00am-5:00pm and Sun. 11:00am-4:00pm, 413-587-1046**

or

Northampton Parks and Recreation Department, 100A Bridge Road, Florence, MA 01062

Mon-Fri 8:30 am-4:30 pm 413-587-1040

www.northamptonma.gov/recreation recreation@northamptonma.gov

REGISTRATION FORM ON REVERSE SIDE

NORTHAMPTON PARKS & RECREATION DEPARTMENT - REGISTRATION FORM

DO NOT USE this form for Summer Day Camps, Youth & Adult Sports, or Birthday Party registrations: Download those packets at www.northamptonma.gov/recreation

Today's Date: ____/____/____

PLEASE PRINT LEGIBLY

New to Northampton Parks & Recreation

I have updated my Information

ADULT 1

Name _____

Address _____

City _____ St _____ Zip _____

Phone: (H) (____) _____ (W) (____) _____

Cell (____) _____

Email: _____

ADULT 2

Name _____

Address _____

City _____ St _____ Zip _____

Phone: (H) (____) _____ (W) (____) _____

Cell (____) _____

Email: _____

EMERGENCY CONTACT OTHER THAN PARENT

Name _____

Phone (____) _____

Photo Release: May Northampton Parks & Recreation Department use photos of you or your family members for brochure, website, promotional use?

Yes

No

PARTICIPANT'S FULL NAME: _____

Male Female

Date of Birth _____ School _____

Current Grade _____ or

Grade in Fall _____ for programs after June

Program Name	Session	Day(s)	Level	Start Date	Basic Fee	Non-Res Fee	Total Fee
					\$	\$	\$
					\$	\$	\$
TOTAL FEE FOR PARTICIPANT							\$

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					\$	\$	\$
					\$	\$	\$
TOTAL FEE FOR PARTICIPANT							\$

PASS PURCHASE

Pass	Pass Type	Pass Length	Fee	
Aquatic Center	Res: Adult Family Senior Youth	6 Month 12 Month	\$	TOTAL AMOUNT DUE \$
Musante Beach	Non-Res Adult Family Senior Youth	Beach Pass		

Pass Holder's Name(s)	Male/Female	DOB	Pass/Tag# Issued	Special Considerations/Comments (Use back if necessary)
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____

Charge my VISA ___ Master Card ___ Discover ___ Card # _____ Expiration _____

Name on Card _____ Signature _____

Office Use Only:	Amt Rec'd \$ _____	Cash _____	Check # _____	Credit _____	Date _____	RT Date _____	Staff _____
	Amt Rec'd \$ _____	Cash _____	Check # _____	Credit _____	Date _____	RT Date _____	Staff _____