



**Public Health**  
Prevent. Promote. Protect.

# Contact Tracing Can Stop Infectious Disease Outbreaks

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If you are diagnosed with certain diseases, you will be asked by a local public health official—an epidemiologist—about everyone with whom you have had contact. The epidemiologist will talk to each person and ask them about their health. This is called contact tracing, and is a core public health function.

- Contact tracing tracks and prevents the spread of disease.
- Epidemiologists find everyone that has been in contact with a sick patient.
- Contacts are watched for symptoms for a certain number of days.

Your role, providing all contacts, is key to stopping the spread of disease.

